# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APP	ROVAL
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Lovejoy Jesse Robert	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]		k all applicable)		
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month 01/05/202		Director Officer (give title below)	10% Owner Other (specify below)		
5 Club Way	4. If Amendment, Date Original Filed (	Month/Day/Year)	6. Individual or Joint/Group Filing (Will be automatically set)			
(Street) New Rochelle, NY 10804			• Form filed by One Reporting Person			
(City) (State) (Zip)			C Form filed by More than One Reporting Person			

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	Date (Month/	2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acquire (Instr. 3, 4 and 5)	ed (A) or Disposed of	(D)	Securities	Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)		Owned Following	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	01/05/2023		Α		3,350 <sup>(1)</sup>	Α	\$0	88,099.4853	D	
Common Stock								13,136.5849	Ι	By spouse

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	rcise Day/Year) f ive	3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)		Derivative Securities			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	Beneficial
				Code	v	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	(Instr. 5) Beneficial Owned Following Reported Transactic (Instr. 4)	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

#### **Explanation of Responses:**

These shares were issued as restricted stock on January 5, 2023 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the 1. shares vest on or about January 4, 2028.

#### **Remarks:**

/s/ J. Robert Lovejoy by David Kalish his attorney in 01/05/2023 fact

\*\*Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed.

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